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More With Less: Whole Food Cooking Made Irresistibly Simple



Synopsis

A sophisticated, yet simple take on cooking with whole foods--filled with creative combinations that use fewer ingredients to elevate everyday fare into something extraordinary. *More with Less* bridges the gap between quick, everyday cooking and elegant, healthy food. Using simple equation-like combinations, this book inspires readers to make luxurious meals with very few ingredients and very little time. Unlike the time-saving cookbooks that rely on processed ingredients and unhealthy shortcuts, Jodi Moreno makes beautiful ingredients and simple cooking techniques the focus of your everyday meals. The book will also teach you how to maximize pantry ingredients and homemade condiments that quickly add layers of complexity to create elegant weeknight dinners. Start your day with the Coconut + Cherry + Oatmeal Souffle for breakfast, the Honey Roasted Nectarines + Kale with Dukkah + Oat Croutons for lunch, and finish with Crispy Cauliflower Steaks + Ginger Scallion Sauce for a light dinner. Filled with over 130 approachable recipes perfect for a busy weeknight, but also sophisticated enough to serve at a dinner party. You will find tips on how to make the most of the whole vegetable, from root to leaf, and tips for turning leftovers into something spectacular.

Book Information

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Customer Reviews

JODI MORENO is a natural foods chef, food stylist, photographer, and the creator of the award-winning blog, "What's Cooking Good Looking." Her creative, healthy, simple recipes have been featured on Saveur, Better Homes and Gardens, and PBS. She is also a recipe developer for brands such as Whole Foods, Simply Organic, Reynolds Wrap, and Saveur. She divides her time between New York City and Amagansett, NY.

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